



'THE EILEEN SHERIDAN' OPEN 10 MILE TT

14th August 2021, COURSE K11/10T

(Promoted for & on behalf of **CYCLING TIME TRIALS** under their Rules & Regulations)

Event Organiser: Barry Harden
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COVENTRY
CV3 2HL.
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Event Headquarters: Dunchurch Sportsfield & Village Hall,
Rugby Road,
DUNCHURCH,
Rugby.
CV22 6PN.

First Woman Starts at 2:01 pm
First Man Starts at 2:27 pm

Officials:	Timekeepers;	Peter Bayliss & Laurie Bird
	Recorder;	Carole Bayliss
	Timekeepers Spotter;	Bob Allen
	Start Steward;	Rob Chatwin
	CTT Observer;	Barry Harden
	Number Stewards;	Mary Fay & John Rutter
	Results Service;	Jon Wood & Martin Bubb
	Marshalls;	Andy Gardner, Andy Delaney, Andy White, Sam Griffin Davis, Phil Davis, Kevin Jeffs & Rob Leahy

CTT Regulations & Recommendations:

If you are showing COVID-19 symptoms please take a Lateral Flow Test; do not turn up at the Event if you are not sure.

Competitors are reminded that it is now compulsory to have a **Working Rear Light** fitted to their machines; **no light no ride**.

It is recommended that hard-shell helmets that meet a recognised International Safety Standard should be worn; this is compulsory for U18's, (see Regulation 15).

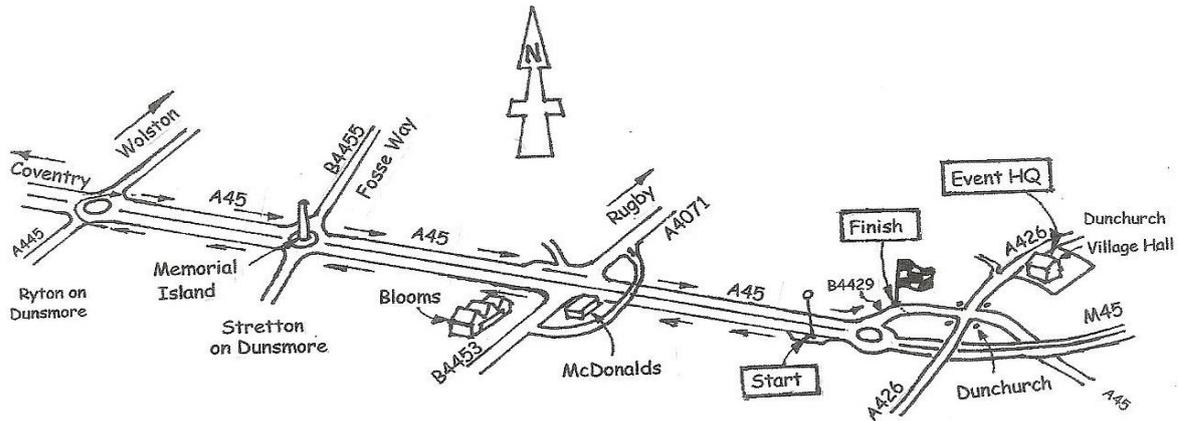
Please note this is a Type A Event & as such sleeveless tops are not permitted, (Regulation 16); "sleeves shall be at least mid-upper arm in length".

Disposable Numbers & Pins will be available at the 'Signing On' facility but only issued to riders personally. Remember you must '**Sign Off**' after the Event as well as '**Signing On**'.

www.coventrycyclingclub.co.uk

Course Description:

- SP 462 716: **START**; In the Lay-by 200 yards west of the A45/M45 Thurlaston Island at the 3rd joint in the concrete apron. Ride West along the A45.
- SP 415 732: At the Fosse Way Island, (A45/B4455), take the 2nd exit to continue on the A45.
- SP 391 741: At the next Island, (A45/A445), take the 4th exit to retrace along the A45.
- SP 414 732: At the Fosse Way Island, (A45/B4455), take the 2nd exit to continue on the A45.
- SP 465 715: At the A45/M45 Island, take 1st exit onto the B4429 towards Thurlaston/Dunchurch.
- SP 465 715: **FINISH**; 60 yards past the right turn to Thurlaston, (Main Street); in line with the Eastern (exposed) Gate Post; immediately past the property named 'Newhaven'.



Course: K11/10T

Competitors Notes:

There are limited changing facilities available at the HQ, please consider arriving dressed in your riding apparel.

HQ Car Parking will be available from 12.30 pm. Please park as necessary on the overflow Gravelled area & along the hedge line of the adjacent sports field grass.

It is two miles from the HQ to the Start; please allow sufficient time to be ready for the Time Keeper but do not arrive more than a few minutes before your slot.

Please do not warm up on the Course once the Events have started, (14.01). We are getting more & more complaints from Competitors **that** have needed to either brake or pull out in front of vehicles approaching from behind due to riders warming up; **particularly on the B4429 run in to the Finish.** It also causes considerable confusion for the Finish Timekeeper. We suggest using the A45, in the direction of Willoughby & Daventry, (to the East of Dunchurch), for your warm up if necessary. **Any rider failing to comply with this request risks disqualification.**

Every Competitor is to Self Start; any assistance will not be permitted.

PRIZE LISTS:

Note: Prizes will be forwarded with a Result Sheet within seven days of the Event.

Age Categories, (age on day), Jnr 15-18, A 40-44, B 45-49, C 50-54, D 55-59, E 60-64, F 65-69, G 70 & over.

Age category Prizes will not be awarded to Competitors who have qualified for another Prize other than Team Prizes.

Women's Event

Fastest

First	£45
Second	£35
Third	£25
Fourth	£20
Fifth	£15

Fastest in each Age Group £15

Fastest Club Team of 3 Riders £15 each.

Men's Event

Fastest

First	£45
Second	£35
Third	£25
Fourth	£20
Fifth	£15

Fastest in each Age Group £15

Fastest Club Team of 3 Riders £15 each.

Why Eileen Sheridan:

This Event has been named to celebrate the achievements of our long standing Club President Eileen Sheridan. This Coventry born lady was one of the early Members of Coventry Cycling Club when it was founded in 1935. In 1945, only a year after competing in her first race, Eileen became Women's National 25 Mile Champion. Following a break when her son was born she once again resumed her career; during 1949 & 1950 Eileen became Women's National Champion at 25, 50 & 100 Miles & W.B.A.R. Not surprisingly the success of this Pocket Rocket, a diminutive sized lady with a giant sized ability & demeanour, came to the notice of the Hercules Bicycle Company who gave her a Professional Contract to pursue Long Distance Place to Place Records.

During the late 1940's & 1950's Eileen broke all twenty one of the Women's Road Record Association Records; some of which still stand to this day. After beating the classic Lands' End to John O'Groats record by 11 hours she was put back on her bike to continue to also break the 1000 Mile Record as well; she says she can still recall the effort it took quite vividly.

Throughout her life Eileen, now well into her 90's, has always tried to encourage Women to take part in our chosen sport, especially those who have taken up the challenge & broken most of her long standing Records as I am sure they would each personally confirm.

Barry H.